



BRK

SEPTEMBER BREAKFAST



*MENU SUBJECT TO CHANGE BASED ON PRODUCT AVAILABILITY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

2



3

Cinnamon
Crumble Cake
or *Cereal
Bowl
(Cinnamon Toast
Crunch)

4

Chocolate
Waffles or
Apple
Muffin

5

Sweet Potato
Chocolate
chip Muffin top
or *Cereal Bowl
(TRIX)

6

Mini
French Toast
or Chocolate
Chip Muffin

9

Low-fat Yogurt
+ Granola or
*Cereal Bowl
(Corn Flakes)

10

Cereal bowl
(Cheerios)
+ Graham
crackers or
Cherry Muffin

11

Blueberry
Muffin
or *Cereal
Bowl
(Fruit Loops)

12

Pan Dulce
(Pink) or
*Cereal
Bowl
(Cocoa Puffs)

13

Cinnamon
Roll
or
Sunrise
Muffin

16

Double
Chocolate
Muffin or
*Cereal Bowl
(Cheerio)

17

Pan Dulce
(Vanilla) or
*Cereal Bowl
(TRIX)

18

WOWbutter
and Jam
uncrustable or
Apple
Muffin

19

Cinnamon
Crumble
Cake or
*Cereal Bowl
(Cocoa Puffs)

20

Turkey and Egg
Breakfast
Wrap
or
Blueberry Muffin

23

Cereal Bar
+ Cheese stick
or
Sunrise
Muffin

24

Fun
+ Fruity
Waffles or
*Cereal Bowl
(Fruit Loops)

25

Pan
Dulce (Pink)
or *Cereal
Bowl
(Corn Flakes)

26

Cereal bowl
(Cinnamon Toast
Crunch) with
Graham crackers
or Chocolate Chip
Muffin

27

Mini Maple
Waffles or
Cherry
Muffin

30

Cereal bowl
(Cheerio) with
Graham crackers
or Chocolate
Chip Muffin

All meals are served with fruit and milk
*All grains are whole grains except the pasta
* This institution is an equal opportunity provider
All breakfast items are vegetarian except the Breakfast wrap